



JUNE 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County To Contact a Breastfeeding Counselor near you: WIC Breastfeeding Support Line: Breastfeeding Coordinator CLE: (240) 313-3311 BF Peer Counselor: (240) 313-3317 Urgent BF concerns: (240) 313-3335			1	2 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	3	4
5	6	7 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	8	9 10am Breastfeeding Support Group	10	11
12	13	14 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	15	16 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	17	18
19	20	21 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	22	23 10am Breastfeeding Support Group	24	25
26	27	28 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	29	30	Services: • Peer Counseling • Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)	



JULY 2016

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Better Nutrition Brighter Future

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Washington County) To Contact a Breastfeeding Counselor near you: WIC Breastfeeding Support Line: BF Coordinator CLE: (240)-313-3311 BF Peer Counselor: (240) 313-3317 Urgent BF concerns: (240) 313-3335		Services: ☛ Peer Counseling ☛ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)			1	2
3	4	5 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	6	7 10am Breastfeeding Support Group	8	9
10	11	12 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	13	14 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	15	16
17	18	19 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	20	21 10am Breastfeeding Support Group	22	23
24/31	25	26 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	27	28	29	30



AUGUST 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County) To Contact a Breastfeeding Counselor near you: WIC Breastfeeding Support Line: Breastfeeding Coordinator (240) 313-3311 BF Peer Counselor(240) 313-3317 Urgent BF concerns: (240) 313-3335			Services: ☛ Peer Counseling ☛ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)			
	1	2 Myth Busters/Getting to the truth about the benefits of breastfeeding/11:00 am World Breastfeeding Week 2016	3	4 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	5	6
7	8	9 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	10	11 10am Breastfeeding Support Group	12	13
14	15	16 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	17	18 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	19	20
21/28	22/29	23/30 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	24/31	25	26	27